

# Fife Wheels

CTC FIFE and KINROSS NEWSLETTER

ISSUE 66 Summer2010



<http://www.ctcfifeandkinross.org.uk>



## Off-Road in the North.

As the clouds hung low over Bennachie, an Aberdeen eminence, it was decided to cycle on to Tullynessie, north of Alford. Reg, Bob and I made good time along an easy track over the Correen hills to Rhynie before the path became overgrown. A few miles west of the town we took the road to Milton of Lesmore where the bitumen stopped. The gravel surface was rideable down to Kirkney water then through the forested glen to Huntly. Reg bought a poke of chips whereupon Bob and I ate most of them. In failing light the town was left by the castle road only to find the bridge fenced off. Helping hands saw us all over in safety, nae bother tae us!

Bob and I raced after Reg to join Derek and Meg in Spey Bay.

The next jaunt started over the old Spey rail bridge to Garmouth then along coast tracks to Arthur's Bridge. Reg retraced in the hope of locating his dropped gloves. The detachment followed the right bank of the Lossie through the woods and onto the sand dunes. As we crossed the narrow bridge in Lossiemouth Reg came along the left bank. Here we partook of the local delicacy of Cullen Skink. The route back to Spey Bay was via Gordonstown and Elgin. The next day we took the coast road to Banff, Cullen and along to the bakery in Portsoy. We relished a feed for most items were half price, so three enlarged cyclists left town on the old track. After McDuff the winding road into Gardenstown was enjoyed.

The coast path to Crovie is now badly eroded. We had a drum-up fire beside the sea. We shunned the road out of the village in favour of the track then onto the road to Pennan. My chinas weren't for dropping down the steep brae into the 'Local Hero' clachan. Fraserborough was gained by 5pm. Here Bob and I again helped Reg to polish off his chips. In the afterglow we pushed on to the Loch of Strabeg. Our sudden appearance set off thousands of geese – what a noise! The night was spent at Rattray Head Hostel.

Before setting off in the morning we strolled along the sand dunes for about 100 yards, not the eight miles recommended to us! Later we joined the cycleway on the rail line at Stricken. It was a poor surface to Maud. As no café or hotel was forthcoming with coffee, the only place we could find was a leaky bus shelter. Steady rain didn't help along the damaged surface to Auchnagait and Ellon. Bob took a tumble on the way to Newmachar then it was onto a good surface and a straight run into Dyce station. The only place open in Dyce was the bookies where we had coffee and free biscuits and crisps and no need even to place a bet!

A few days later Bob and I took the train to Roy Bridge for the MBA AGM. Saturday dawned bright and frosty. The forestry road alongside the A82 was followed from Spean Bridge to Fort William with the return along the canal to Gairloch. We departed in the late afternoon on a mostly rideable track to Lairig Leacach. En route we were overtaken by a couple of fell runners. The wee bothy had a few other visitors so we walked on for a couple of hours to reach Meanch in the dark.

Next morning was wet and blowy. It was agreed to go out the easy way. We waded the Abhainn Rath to the ruins of Luibeilt and found the track waterlogged past Lochs Eilde Beag and More. We talked to a couple of heavily loaded lads coming up from Kinlochleven. They were doing a portage as part of their cross country canoe trip. After Mamore Lodge we joined the old military road, now known as The West Highland Way. We rode most of the track to the Fort. Looking up in my old diaries I note that the last time I did this route was in 1961 and I thought it very hard then. As Reg wasn't with us, Bob and I had to purchase our own chips before the homeward train journey.

George Berwick

# CLUB TOPS

Since the original order in 2007( via Endura ), a few members have said they would like another top and we also have new members, some of whom have expressed an interest. The minimum order for Tops is 15 ( any mix of styles and sizes ) and I am now asking if anyone is seriously interested in buying any. If I have 15 or more we can proceed with an order.

Also note that the committee have agreed that club funds would cover the cost of VAT on the next order for new club tops.

A number of us have these tops already so new members can try existing ones for sizing.

Please let me know if you are seriously interested

Lorraine Brown Telephone 01383 723002

Email [lorraine.charlie@tesco.net](mailto:lorraine.charlie@tesco.net) or speak to me on Saturday runs.

## Below are the current prices

Road Jersey ( Coolmax material – 3 rear pockets )

Short Sleeve Short Zip	£ 35.00	Long Sleeve Short Zip	£ 37.00
Short Sleeve ¾ Zip	£ 36.00	Long Sleeve ¾ Zip	£ 38.00
Short Sleeve Full Zip	£ 36.00	Long Sleeve Full Zip	£ 38.00

Road Jersey Sleeveless ¾ Zip or Full Zip £ 34.00

Grid Fleece ( formerly Training Top ) 3 pockets / Full Zip only £ 38.00

Gilet £ 30.00

There are a variety of other styles of tops available from Endura – for details and prices please see their website at [www.endura.co.uk](http://www.endura.co.uk)

## **CTC FIFE & KINROSS - COMMITTEE 2009– 2010**

Morwyn Porter	Cupar	01334 655163	President / Treasurer
Kaye Lynch	Auchtermuchty	01337 827164	Secretary
		Email	<a href="mailto:fifectc.sec@ctcfifeandkinross.org.uk">:fifectc.sec@ctcfifeandkinross.org.uk</a>
Jimmy Paton	Auchtermuchty	01337 828458	Minutes
Charlie Brown	Dunfermline	01383 723002	Committee Member
Lorraine Brown	Dunfermline	01383 723002	Membership
Gordon Paterson	Kinross	01577 863140	Runs
Douglas Allan	Dunfermline	01383 736476	Runs
Lorraine Allan	Dunfermline	01383 736476	Social
George Shepherd	Glenrothes	01592 612942	Social
George White	Auchtermuchty	01337 828442	Welfare
George Berwick	Balmerino	01382 330217	Right to Ride Rep

### Non – Committee

Steve Noy	Cupar	01334 655443	Newsletter Editor	e-mail: <a href="mailto:stevenoy@tiscali.co.uk">stevenoy@tiscali.co.uk</a>
Trevor Keer	Dalgety Bay	01383 823998	Webmaster	e-mail <a href="mailto:webmaster@ctcfifeandkinross.org.uk">webmaster@ctcfifeandkinross.org.uk</a>
Margaret Berwick	Balmerino	01382 330217	Hut Custodian	

# CTC FIFE AND KINROSS DIARY FOR July 2010 to Dec 2010

## JULY

Sat 3	12.30	Map 58 ref 160990	RSPB Vane Farm; Picnic Tables Behind Centre
Sat 10	12.30	Map 65 ref 129784	South Queensferry , Picnic tables near Harbour
Wed 14	12.30	Map 58 ref 005016	Mona's Coffee Shop Muchart
Sat 17	12.30	Map 58 ref 173071	Dryside (Sanny) road Picnic Tables - BBQ/Sausage Sizzle
Sat 24	12.30	Map 65 ref 103982	Townhill Loch by Dunfermline ( Picnic tables on right)
Wed 28	12.30	Map 58 ref 185017	Scotlandwell Inn
Sat 31	12.30	Map 59 ref 400115	The Village Green Ceres

## AUGUST

Sat 7	12.30	Map 59 ref 255165	Golden Loch Grange of Lindores
Wed 11	12.30	Map 58 ref 088895	Henry's Bistro Wellwood Dunfermline
Sat 14	12.30	Map 58 ref 002028	Castlehill Reservoir Glendevon
Sat 21	12.30	Map 58 ref 076119	Pathstruie
Wed 25	12.30	Map 59 ref 335095	Pitlessie Inn
Sat 28	12.30	Map 59 ref 248074	Falkland House ( seats just inside main gate in Falkland)

## SEPTEMBER

Sat 4	12.30	Map 58 ref 119028	Gordon & Beth Paterson 4 Muir Grove Kinross For BBQ
Wed 8	12.30	Map 58 ref 035002	The Inn Crook Of Devon
Sat 11	12.30	Map 65 ref 101861	Douglas & Lorraine Allan 85 Evershed Drive Dunfermline
Sat 18	12.30	Map 58 ref 021983	Powmill Milk Bar
Wed 22	12.30	Map 65 ref 040784	Rouken Glen Garden Centre, A 902 West Lothian Towards Linlithgow
Sat 25	12.30	Map 58 ref 134102	Glenfarg Park , Picnic Tables

## OCTOBER

Sat 2	12.30	Map 59 ref 369247	G & M Berwick Midcraigs Balmarino
Wed 6	12.30	Map 58 ref 005016	Mona's Coffee Shop Muchart
Sat 9	12.30	Map 58 ref 119022	Church Centre Kinross
Sat 16	12.30	Map 59 ref 305100	Ladybank Tavern Ladybank
Wed 20	12.30	Map 58 ref 035002	The Inn Crook Of Devon
Sat 23	12.30	Map 59 ref 253002	Isobel Carratt 8 Jarvie Place Grenrothes
Sat 30	12.30	Map 59 ref 289069	Freuchie Garden Centre
Sat 30	19.00	Map 59 ref 253073	AGM and Slide Show Falkland Village Hall

## NOVEMBER

Wed 3	12.30	Map 58 ref 088895	Henry's Bistro Wellwood Dunfermline
Sat 6	12.30	Map 65 ref 127836	Beryl Thomson 78 Struan Place Inverkeithing
Sat 13	12.30	Map 59 ref 302928	Harbour Master's House Dysart
Wed 17	12.30	Map 58 ref 182004	Lochend Farm Shop Nr Portmoak
Sat 20	12.30	Map 59 ref 310084	Kingskettle Hall
Sat 27	12.30	Map 65 ref 124856	Stewart & Jenny Barron 84 Dover Drive Dunfermline

## DECEMBER

Wed 1	12.30	Map 59 ref 335095	Pitlessie Inn
Sat 4	12.30	Map 58 ref 185017	Scotlandwell Inn
Sat 11	12.30	Map 58 ref 021983	Powmill Milk Bar
Wed 15	12.30	Map 58 ref 121046	Heaven Sent Cafe Milnathort
Sat 18	12.30	Map 58 ref 112033	David & Linda Gibson, 4, Thompson Place, Kinross.
Sat 25		NO RUN .....	MERRY XMAS

## Jan-11

Sat 1	NO OFFICIAL RUN .....	HAPPY NEW YEAR
Sat 8		<i>Annual Lunch to Be Decided Names to Social Secretary in December Please</i>

### Contacts for further details:

	Saturday / Wednesday rides - Douglas Allan - 01383 736476
	- Gordon Paterson - 01577 863140
Social Events	- George Shepherd - 01592 612942

**On Saturday rides when a meet is at a member's house, please bring your own lunch.**

**The host/hostess will provide tea and coffee.**

**\* At village halls bring your own lunch - drinks will be available.**

**The Charge for 2010 will stay at £1.00**



## LESLIE BIKE SHOP

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**Cycling Centre & Trossachs Backpackers  
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[www.scottish-cycling.co.uk](http://www.scottish-cycling.co.uk)    [www.scottish-hostel.co.uk](http://www.scottish-hostel.co.uk)

### **Bike Hire**

Kids from £3 per half day,  
£5 per day  
Adults £7.50 per half day,  
£12.50 per day  
Tandem £15 per half day,  
£25 per day

Phone for detailed  
Prices and discounts

### **Accommodation**

Prices from £12.50 - £15  
Includes continental breakfast,  
use of all facilities and free tea  
and coffee.  
There are no extra charges for  
linen, electricity or shower.

Group discounts also available



Invertrossachs Road, Callander

## ARTICLES REQUIRED

This is your club's newsletter and it cannot survive without your support.

Please send articles, photographs, items for sale and even letters for publication.

What do you think about the roads near you, have they all gone to pot holes?

Contact Steve Noy at:-

Email.  
[Stevenoy@tiscali.co.uk](mailto:Stevenoy@tiscali.co.uk)

Post.

46 Kirklands Park  
Cupar  
Fife  
KY154EP

