



Fife Wheels

CTC FIFE and KINROSS NEWSLETTER

SPRING / SUMMER 2011

Issue 69

In this issue....

Barncross Week

Ladies day

10 Pin Bowls results

Photo & Caption winner

2011 AGM date

July to Dec runs list

Treasurer vacancy



WELCOME.... it's summer again already?

Do you remember it? That lovely day and a half we had in June?

And just what happened to Spring?

"Don't give us all that waffle" I hear you all shout in one voice....

"what happened to our Spring edition of Fife Wheels?"

(The funny thing is I haven't had a single complaint about its 'no show'. Hmmm!)

Seriously though, please accept my sincere apologies for missing the Spring issue. I should really have some plausible excuse ready for you.... but I don't!

The truth of the matter is I had the 'beginings' of the newsletter ready to go and then encountered a minor computer problem and lost some of the articles.

Try as I might I couldn't retrieve them, I was really cheesed off and proceeded to 'go in the huff with my PC!'. I then did what I do best....I buried my head in the sand and cursed my misfortune.... May became June, June became July and here we are now.... I did warn you that I don't get on with computers, didn't I?

Anyway I've finally got round to it.

I've included the articles I saved from my attempt at the Spring issue.

A really big sorry to those of you whose articles were lost (please resend them)

I promise I won't let it happen again...but I can't speak for my computer however!

Thanks to those of you that gave constructive criticism (and even some praise) about the Winter edition. The main criticism was that people find it hard to read the 'column' format on their PC's (I totally agree... columns were designed for reading broadsheets on trains!) and as it doesn't affect reading printed material in the smaller A4/A5 format.... there will be no more columns!

Finally, I hope you are all keeping good health and managing to get the miles in. Let me know about your tours for the newsletter, even if it's just a photo and a couple of lines.

Dougie Latto. (occasional editor)

Apologies to Maureen for using her picture on the cover without her knowledge (she'll be mortified!)

A **very** small prize goes to the first person to tell me **exactly** where the cover photo was taken.

BARNCROSH 2011

In May the club had a group holiday to Barncrosh, near Castle Douglas in Dumfries and Galloway.

On Sunday around 4 o'clock people began to arrive and book into their respective accommodation. There were 24 members split between 5 different self catering units. All settled for quiet first evening.

On the Monday the weather started as it was to continue for the whole week – windy with showers. It was the first day so a large group headed out together to cycle a route led by Douglas. They headed up towards Loch Ken and turned along the “Kirk Road”, a track which some found a bit wet. They continued on to Gatehouse of Fleet and returned via Twynholm and Tongland where there was a slight split in the group for the last few miles back to base. The other five, George White, George Shepherd, Bert, Charlie and Lorraine, who hadn't managed to be ready for various reasons had a shorter ride down to Kirkcudbright where a nice cafe lunch was had. And after a short tour of the town and harbour their return was made via cycle route 7 for a bit towards Bridge of Dee and the final couple of miles along the A75 to Barncrosh. Margaret and Lin had arrived on the Monday and the evening was spent in the Screel house living room with a birthday cake for Kaye. Not a quiet night.

On Tuesday much smaller groups headed out in various directions. Some went to Kirkcudbright and round by Castle Douglas, while the men headed further afield and made it to Rockcliffe. George and Tom had a mystery tour. Lin found her way to a nice photographer's gallery and Margaret, who wasn't cycling this week, was away on a guided walk.

Wednesday saw some car assists. The men headed up to cycle round the Glen Trool trail in the Galloway forest. Kaye, Maureen, Dougie and Richard headed for the Machars where they arrived at a beach 2 years late to see a Mulberry harbour, but climbed a 'motte and bailey' castle mound that features on the Bayeux Tapestry. Douglas, Lorraine and Jessie took the car to Sandhead in the Rhins to cycle down to the Mull of Galloway. Charlie and Lorraine did the same but were about an hour behind. Both groups cycled down the east side of the peninsula to Drummore and climbed out of the village to cycle along to the southernmost point of Scotland at the lighthouse (very windy). The return to the cars was made via Port Logan on the west coast with the wind now assisting. Margaret and Linda went bird watching.

On Thursday some had the day off cycling and did the tourist things – castles and gardens etc - while most were still getting the miles in. David and Linda and others headed for the Glen Kiln sculptures. These are a group of sculptures by the likes of Henry Moore and Rodin placed around the hillside overlooking the loch. Dougie and Richard had an afternoon blast round Loch Ken.

George and Nan were leaving early on Friday morning to catch a train to Weymouth to go to the CTC national dinner to receive their award for being Scottish Volunteers of the year. So the crowds gathered in their Calf House living room for a farewell evening, another noisy night.

Friday. Alan and Tom had left for home earlier in the week and Tony B also headed for home on the Friday morning. He'd come down by train and had cycled in from Dumfries and now had the return journey. The numbers had dropped but the cycling continued.

A couple of groups headed for the sculptures. Dougie, Richard, Charlie and Lorraine, took the anti clockwise route while Douglas, Lorraine and Jessie took the clockwise direction.

(cont'd)

BARNCROSH 2011

Friday (cont'd) Clockwise was best as Dougie and Co, still high on the hillside, had to shelter behind trees during a heavy hail shower while the temperature plummeted from 12 deg to 6 deg. They left too soon and were caught in the open for a second painful battering from the hail.

Another group today cycled round Loch Ken. Tonight it was Kayes turn to leave us early.

Saturday. The last full day saw Dougie, Maureen and Richard heading for home in the morning. Others headed out for last rides but the men were still up for the miles, albeit a car assist to the Machars. Also on a car assist Douglas and Co headed off to explore around Mabie forest. An obelisk had been seen on the hills above Barncrosh since day one and was a prominent sight from most of the area. Charlie and Lorraine managed to cycle up near it and found a visitor centre from where they walked the short way up to the obelisk which is actually Neilsons Monument and commemorates the life of James Neilson who invented the hot blast process in steelmaking. As Linda was away bird watching with Margaret, David had a solo ride and managed to find an old military road with one or two puddles – deep puddles. The bike and David required a good wash when they returned. After a quick tea the three men, Les, Don and Tony headed for an evening drive home.

On Sunday morning it was an early pack up for the remaining few before the drive home. The weather could have been better but all agree it didn't stop anyone from having a great week's cycling.

Article by Charlie Brown.

(Photos from Barncrosh)



Ladies day from Bridge of Earn

Another ladies day out was suggested by Kaye and the weather on Sunday 10th April turned out glorious.

The starting point was on the main street of Bridge of Earn near the park for 10.30, with a plan to go West.

Most of us had arrived, Diane, Nan, Morwyn, Lorraine A and Lorraine B, but where was our leader Kaye?

Much texting to and fro established she was on her way, and was cycling from home and would be there soon. So eventually the full team set off intending to follow the Aberdalgie road from just outside the village and head for Dunning. This is a lovely route complete with a couple of arrows on the map but the wonderful views of the twisting River Earn below from our vantage point on this high, undulating road made up for it; also the sound of circling buzzards could be heard above us. Dupplin Castle and estate with its large, now unkempt, walled garden and numerous green houses could be seen as we passed along crossing over the river and railway line and onto Dunning.

We had lunch at the Kirkstyle pub, relaxing in the beer garden and watching the world go by. There were the usual groups of cyclists about and we wondered if they were training for the Kinross Etape!

After lunch we headed back towards Forgandenny leaving the Rossie Ochil hills for another day; I'll persuade the other ladies up that road some day. We arrived back at Bridge of Earn about 2PM and it was suggested, that as it was still early, we should have a look at Elcho Castle. The road starts flat and then it climbs round Moncrieff Hill and into the village of Rhynd then the road seemed to plummet down to the castle on the bank of the Tay.

There was another short break when we lightened Diana's load of bananas and then continued round to Tarsappie where Perth could be seen in all its glory. After a short run down the sound bound Perth road we decided to have yet another tea break at the Brig Farm shop. The shop is famous for its local produce and again we enjoyed relaxing in the warm sun and tasting the home baking. It was then only a short distance back to the cars at Bridge of Earn to finish off another cracking day.

Lorraine Allan



The photo's above are from a Ladies day.... but not necessarily of the Ladies day on page 5! (I'm afraid this one of the articles I mentioned previously as being 'lost' in the ww-cyber-thingy.) Thanks for the help in retrieving it. My apologies again.

AGM

CTC Fife & Kinross AGM 2011

Please note that this year's AGM will take place in GIFFORDTOWN HALL at 7:00 p.m. on **Friday, 4th November 2011.**

Members are reminded that notices of motion for the AGM should be in the hands of the Secretary, Kaye Lynch, 25 Upper Greens, Auchtermuchty, Fife, KY14 7BX by no later than 28th October 2011.

Nominations for election to the Committee should be made using the form below.

Current members of the Committee are willing to serve a further one year term although the Committee urgently requires a Treasurer due to Morwyn standing down (see ad. later in newsletter) Members are of course free to nominate alternative/additional officers or members.

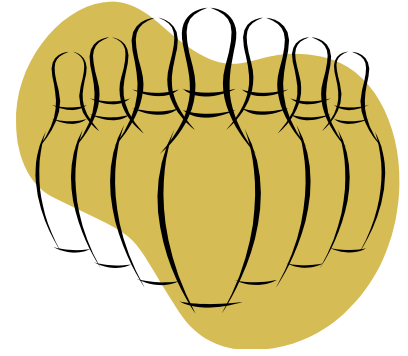
Committee Member Proposal Form

I wish to propose..... as President / Secretary / Treasurer / Committee Member (delete as necessary) **to represent CTC Fife & Kinross for year 2011/12.**

Proposed by..... Seconded by.....

I..... agree to the above and if elected will serve on CTC Fife & Kinross Committee for the stated period.

Proposal forms should be sent to the Secretary by Friday, 28th October 2011.



10 PIN BOWLS EVENING

11 hardy souls attended the ressurected 10 Pin Bowls on a cold night in late March. 9 bowlers.... and I use the term bowlers loosely... took advantage of the “unlimited bowls” (they eventually threw us out after 3 games each!) A good night was had by all, including the supporters club of two!

Despite mechanical breakdown and injury I can eventually announce the results.

PLAYER	SCORE	POSITION
Tony B	455	1
Dougie	427	2
Douglas	411	3
Nan	393	4
Lorraine A	381	5
John	379	6
George S	360	7
Stu	348	8
Lorraine B	267	9

Thanks go to Douglas Allan for supplying the prizes.

Due to its success it is intended to have another 10 Pin Bowling evening in the winter months, watch out for the announcement in a future newsletter.

Still on the Bowls theme I have provisionally booked Dysart Bowling Green at 1:00 p.m. Sunday 21st August for a CTC Fife & Kinross Lawn Bowls Tournament. This tournament is very much dependant on whether there is enough interest shown.... so please get in touch with me on 01592 562839 or email me if you fancy giving it a go. Entry is free but the Bowling Club would appreciate if soft drinks (or otherwise) are purchased from the Bowling Club’s bar.

As I will need to arrange suitable bowls etc. for players it will not be possible just to turn up on the day. Please let me know in advance if you intend to play so that I can confirm the booking and arrange equipment. Thanks, **Dougie**.

Vagabond Group report

November 27th/29th 2010 : Midcraigs

On a snowy day only Mary arrived terrified on the rear of the tandem trike taxi service. More snow fell overnight, even the kirk remaining closed on the Sabbath. Monday brought ever more snow so Mary, Margaret and the two dugs, with George carrying an ATB took a cross country route through the drifts to Wormit. No buses were found there and the pub was shut so Mary carried on walking the long 'Miles to Dundee' whilst the rest of the gang took the snowy road back to Midcraigs.

December 18th/19th

This was the substitute date but once more it snowed and only one made it. All Peter could do next morning was to slither his icy way to Leuchars to find a train.

January 22nd/29th : Arran

Still trying to achieve our Christmas Meet we arrived at Ardrossan harbour for the afternoon ferry departure. Unfortunately the captain didn't fancy the misty conditions, resulting in a three hour wait. Once over the Sound Reg and I cycled in the dark via the String Road to the west where we met our Vagabond chinas at our week's abode near Machrie.

On Sunday the tandem pair, Ann & Derek along with Eddie, took the coast path via the King's Cave to Blackwaterfoot. They filled in the rest of the day collecting enough wood to keep the home fires burning for a week. Reg and I rode down the coast over very rough surfaces to take the Ross Road over to Lamlash. From Kerr's Port we followed the eastmost track, with its great view of the Holy Island, over to Brodick. On Monday we all went our different ways: Mary to Brodick woods on the bus, Margaret with Bisto & Marmite to see some old standing stones – a great experience for the mutts who made good use of them. Reg and I took the tar over the String but the hardy trio followed an old path to the bealach. From Brodick we took the alternative path to Lamlash, then via a path to Kingscross and eventually to Whiting Bay. A fairly new forestry track goes up Glenashdale burn and eight miles later emerges onto tar near Kilmory.

On Wednesday two cycled over the String (again) to Glen Sannox whilst a group of seven & The Gravy Boys took the bus through Lochranza and then walked the greatly improved track to Fallen Rocks and along to Laggan cottage passing en route a good cave. From Laggan a good path goes over the hill to Lochranza but we carried on up the coast to the 'Cock of Arran'. Here the tide was in so a few hundred yards of house-sized rocks had to be scaled. The bikes were ok but the wee dogs had to be passed parcel fashion in their harnesses. It was gloaming by the time we reached tar and a great traffic free run back to base for the lucky cyclists. Thursday: some of us took the bus to Lamlash and from Kerr's Port followed the middle track to Fort Fionn and on to Brodick. Most of us saved our energies for the Burns Supper laid on that evening. On Friday the Kirrie mannie and George made their way to Shiskin where a wee farm hut supplied food for money placed in a box – very trusting. We meandered uphill along a forestry track before checking the map. Retracing a mile we located the correct way which was hidden by cut timber. Once across the burn and into the wood the path became overgrown and wet. From the forest edge an indistinct route brought us to Glen Ree on the Ross road. After coffee and cake in Lamlash we encountered a local tricyclist. He helps to clear up plastic waste from the shore and makes seats from drift wood. We followed the coast path to Brodick. Saturday: Reg managed his eighth ride over the String en route for the morning ferry.

For our winter week on Arran we had light winds, some sun and no rain. The bus service is excellent, even in winter. It was put to good use by the auld yins with their passes and the hairy ones with four feet.

George Berwick

And this year's winner of the 'Photo and Caption' competition goes to.....



..... George Berwick.

The sizeable trophy was presented to George at the excellent Annual Lunch.

I'm sure that its size and weight would not have gone unnoticed by George, as he had cycled to the lunch in the icy, snowy Arctic conditions we were experiencing at the time.

I wonder if there was room in his panniers to get it home. Or perhaps it is stashed carefully under a nearby hedge to save carrying it to next year's Annual Lunch!



CONGRATULATIONS

**THE CTC AWARD FOR SCOTTISH VOLUNTEERS OF THE YEAR
WAS WON THIS YEAR BY OUR VERY OWN NAN & GEORGE SHEPHERD.**



This very rare picture of Nan and George was taken at Barncrosh the night before leaving for their mammoth journey south to Weymouth where they attended the CTC National Dinner.

They were presented there with the richly deserved award for the untiring, sterling work they both do at BIKEWORKS.

Bikeworks has existed since 2008 and was originally in a hut! Today (thanks largely to Nan and George's hard work) you will now find Bikeworks in a 10,000 sq ft. former factory in Whitehill Industrial Estate, Glenrothes.



Well done we are very proud of you both.

WANTED

Treasurer for CTC Fife & Kinross

**Do you want to support our CTC Fife and Kinross bike club?
Do you want to contribute to the continuing smooth running of the club?**

Well, here is your opportunity.

Morwyn Porter, treasurer for the last five years, announced at the 2010 AGM that she would resign from the post at the 2011 AGM.

So the hunt is on for someone who will contribute a small amount of time to keeping the club books. It is not an arduous task but is vital to the very existence of the club.

If you are interested, please contact any member of the committee and if you want to know what is involved in keeping the books, please contact Morwyn on: 01334 655163

CYCLING VIDEOS:

If anyone still has a video player in working order Bunny Austin has 2 classic cycling videos to pass round or give away. One is of British Classics of the 50's and 60's with films of the Tour of Britain and The London to Hollyhead race with big names of the day. The other is the story of Eddy Merckx. Phone Bunny on 01383 735609



www.lesliebikeshop.co.uk

THE COMPLETE BIKE SPECIALISTS

**ALL SPARES AND REPAIRS
FREE DELIVERY
FREE FIRST SERVICE**

**SUPPLIERS OF:
SPECIALIZED • GIANT • FALCON • RALEIGH • DAWES • CLAUD BUTLER
GT • HARO • MONGOOSE • KUOTA • BIANCHI • RIDLEY**

**CLUB FACILITIES ALL YEAR
OPEN 6 DAYS 9.00AM - 5.15PM**

**LESLIE BIKE SHOP
BANKHEAD INDUSTRIAL ESTATE
BLACKWOOD WAY, GLENROTHES
FIFE, KY7 6JF
TEL: 01592 770600**

**Showroom & Sales also at:
Leslie Bike Shop, 101 High Street, Leslie, Fife KY6 3DQ
Tel: 01592 741786**

EMAIL:

**Shop - office@lesliebikeshop.co.uk
Clothing Boutique - fiona@bikersboutique.co.uk**

CTC FIFE AND KINROSS DIARY FOR July 2011 to Dec 2011

JULY

Sat 2	12.30	Map 58 ref NT160990	RSPB Vane Farm; Picnic Tables Behind Centre
Sat 9	12.30	Map 65 ref NT129784	South Queensferry , Picnic tables near Harbour
Wed 13	12.30	Map 58 ref NO005016	Mona's Coffee Shop Muchart
Sat 16	12.30	Map 58 ref NO173071	Dryside (Sanny) Road Picnic Tables - BBQ/Sausage Sizzle
Sat 23	12.30	Map 65 ref NT103893	Townhill Loch by Dunfermline (Picnic tables on right)
Wed 27	12.30	Map 58 ref NO185017	Scotlandwell Inn
Sat 30	12.30	Map 59 ref NO400115	The Village Green Ceres

AUGUST

Sat 6	12.30	Map 59 ref NO255165	Golden Loch Grange of Lindores
Wed 10	12.30	Map 58 ref NO121046	Heaven Scent Cafe, Milnathort
Sat 13	12.30	Map 58 ref NO170116	Balvaird Castle, Nr Gateside
Sat 20	12.30	Map 58 ref NO076119	Pathstruie
Wed 24	12.30	Map 59 ref NO335095	Pitlessie Inn
Sat 27	12.30	Map 59 ref NO248074	Falkland House (seats just inside main gate in Falkland)

SEPTEMBER

Sat 3	12.30	Map 58 ref NO119028	Gordon & Beth Paterson 4 Muir Grove Kinross For BBQ
Wed 7	12.30	Map 58 ref NO035002	The Inn Crook Of Devon
Sat 10	12.30	Map 65 ref NT111861	Douglas & Lorraine Allan 85 Evershed Drive Dunfermline
Sat 17	12.30	Map 58 ref NO021983	Powmill Milk Bar
Wed 20	12.30	Map 65 ref NT040784	Rouken Glen Garden Centre, A 902 West Lothian Towards Linlithgow
Sat 24	12.30	Map 58 ref NO134102	Glenfarg Park , Picnic Tables

OCTOBER

Sat 12	12.30	Map 59 ref NO283128	Fife Animal Park Birnie Loch Nr Collessie (Picnic tables or cafe)
Wed 5	12.30	Map 65 ref NS988859	Red Lion, Culross.
Sat 8	12.30	Map 59 ref NO369247	G & M Berwick Midcraigs Balmarino
Sat 15	12.30	Map 58 ref NO119022	Church Centre Kinross
Wed 19	12.30	Map 58 ref NS952938	Logan Lea Tearoom Forest Mill Nr Saline
Sat 22	12.30	Map 59 ref NO253002	Isobel Carratt 8 Jarvie Place Grenrothes
Sat 29	12.30	Map 59 ref NO400115	Ceres Inn Ceres

NOVEMBER

Wed 2	12.30	Map 59 ref NO290070	Freuchie Garden Centre.
Fri 4	19.00	Map 59 ref NO292107	AGM Giffordtown Village Hall Charlottetown
Sat 5	12.30	Map 65 ref NT128834	Beryl Thomson 70 Struan Place Inverkeithing
Sat 12	12.30	Map 58 ref NO235185	Newburgh Harbour
Wed 16	12.30	Map 58 ref NO182004	Lochend Farm Shop Nr Portmoak
Sat 19	12.30	Map 59 ref NO310084	Kingskettle Hall
Sat 26	12.30	Map 59 ref NT302928	Harbour Master's House Dysart

DECEMBER

Sat 3	12.30	Map 59 ref NO433082	New Gilston Village Hall. - Bring Lunch - Drinks available.*
Sat 10	12.30	Map 58 ref NT020983	Powmill Milk Bar
Wed 4	12.30	Map 58 ref NO121046	Heaven Sent Cafe Milnathort
Sat 17	12.30	Map 58 ref NO112033	David & Linda Gibson, 4, Thompson Place, Kinross.
Sat 24			NO OFFICIAL RUN MERRY XMAS
Wed 28			TO BE ANNOUNCED
Sat 31			NO OFFICIAL RUN HAPPY NEW YEAR

JANUARY NEXT YEAR

Sat 7 Annual Lunch to Be Decided Names to Social Secretary in December Please

Contacts for further details:

Saturday / Wednesday rides - Douglas Allan - 01383 736476
 - Gordon Paterson - 01577 863140
 Social Events - George Shepherd - 01592 612942

**On Saturday rides when a meet is at a member's house, please bring your own lunch.
 The host/hostess will ONLY provide tea and coffee.**

* At village halls bring your own lunch - drinks will be available.